



## **Informed Consent**

### **Welcome**

Making a decision to receive Christian counseling is a bold step. We as Lay Counselors are committed to making this experience as helpful as possible. We are **not** providing guidance as Licensed Mental Health Clinicians. We are providing Christian counseling **only**. Each session is approximately, 45 minutes – 1 hour.

This form is to make you aware of the potential benefits you may receive and risks you maybe taking during the process. We encourage you to share with your Counselor as honestly as possible the issues that presently may concern you and past experiences you may have had since this maybe helpful during the counseling process.

Counseling can also have risk. You may feel uncomfortable while discussing unpleasant feelings, like anger, frustration, helplessness, and sadness. Inform your Counselor if this should occur during your session.

### **Confidentially**

Your confidential information may not be released or shared without your written permission.

However, some exceptions to the rule where disclosure is required by law.

#### Exceptions

- Counselor is required by Law to report Child Abuse / Neglect or Elder Abuse to the appropriate authority.
- Counselor is required by Law to notify Law Enforcement Agencies if you indicate you have a plan or make threats to harm yourself or someone else.
- Counselor is required to provide information if a Court of Law issues a Court Order.

Your signature indicates that you have read the information listed above.

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Signature

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Date